

2010 SSP Safety Equipment Specification Rules
SAFETY EQUIPMENT FOR ALL DRIVERS in ALL DIVISIONS

No express or implied warranty of safety shall result from publication of, or compliance with these rules and regulations. They are intended as a guide for the conduct of the sport and are in no way a guarantee against injury or death to participants, spectators or others. Whenever there is a conflict between a safety provision provided herein and any other rule, the safety provision shall take precedence.

1. HELMET: SSP requires that a driver must wear an automotive racing type helmet of current standards of SA2000 or SA2005 rating or later any time he/she is on the track for slow laps, practice or racing conditions. Drivers without a helmet meeting the SSP minimum Snell standards may not be permitted on the racetrack in a racecar.

A helmet is designed to absorb energy once. If a significant impact has occurred to the helmet, it is highly recommended that it be sent back to the manufacturer for evaluation. Helmets are subject to inspection at each event by the technical inspector or other SSP official. A full-face helmet is highly recommended. Eye protection is mandatory when an open face helmet is used.

Helmets with Radio Harnesses: Many drivers compete in other racing series' that permit the use of radios. If a driver should use that helmet to compete in an SSP event, he/she must duct tape the connector end to the back of their helmet. This is the only way in which this helmet will be permitted without actually removing the entire radio harness from the helmet.

2. FIRE SUITS: All drivers must wear an SSP-approved fire retardant suit of Nomex or equivalent material any time they are on the track. A double layer or more is highly recommended. It is also recommended that a suit be kept free of grease, oil or other flammable substances. If the suit is two-piece, both the top and bottom must be worn at all times while operating a racecar (NO EXCEPTIONS!).

3. SAFETY HARNESS: All cars must have an SSP-approved type of five-(5) point racing harness (minimum 3" wide) that is equipped with a quick release buckle unless otherwise designated. Be sure to regularly check your safety belts for damage such as fraying, tearing, etc. If this should occur, the safety belts should be replaced immediately. SSP endorses the belt manufacturer's recommendation that the belts be changed two (2) years after the date stamped on the SFI tag regardless of the number of times the car has been raced. The safety belts are similar to a helmet, in that they are designed for protection in only one major impact. If you have had a significant incident, the manufacturer strongly recommends immediate replacement of the belts. Also, make absolutely sure that your five-point safety harness is totally secured and that you have pulled the straps as tight as possible anytime you drive the car.

4. FIRE EXTINGUISHERS: An on-board fire extinguisher is highly recommended for your safety. If used, they must be securely fastened and within reach of the driver. It is also recommended to recharge the extinguisher at least once a year.

5. NECK COLLARS: All drivers under the age of 16 must wear a neck collar anytime he/she is on the track for slow laps, practice or racing conditions. Neck collars are highly recommended for all other drivers.

6. OTHER SUGGESTED SAFETY EQUIPMENT:

Some of these items are **not required**, but they are all **highly recommended**.

- 1) Flame retardant racing gloves, underwear, socks and shoes
- 2) Head sock (balaclava) and knee pads.
- 3) Steering wheel "nose pad" and roll bar padding.
- 4) Arm restraints and helmet restraint on the seat.
- 5) Safety wire on hood and trunk Zeus buttons and other nuts and bolts throughout the car.
- 6) Interior door pads, tunnel pads and other upholstery.
- 7) **Window Nets in Stock Cars:** in the left side window. The seat belt buckle method of mounting is recommended. Window nets must release from the top and be attached to the roll bars only. The side window areas must remain open at all times other than window nets.